



## Smart Set Aesthetics

### **Microblading Aftercare Instructions**

It is essential that you follow these instructions after your Eyebrow Embroidery session:

Day 1-3: Do not touch your brows at all. Do not wash them or let them touch any water. Immediately after final pigment saturation in the hair like grooves, excess pigment is cleaned off. Cavilon 3355 – a clear protection barrier seal is applied over the tattooed area and left on. Please do not attempt to remove any of Cavilon barrier.

Days 4 – 14: Apply grapeseed oil (thin layer) in the AM and PM or the Vitamin A&D ointment with a cotton swab, and use no aggressive movement.

The following **MUST BE AVOIDED** during all 14 days post-microblading procedure:

- Increased sweating
- Practicing Sports
- Swimming
- Hot sauna, hot bath or Jacuzzi
- Tanning
- Laser or chemical peels or treatments and or any anti-aging creams containing any acids or retinols on the face or neck (even if you avoid your brow area).
- Picking, peeling, or scratching of the micro pigmented area in order to avoid scarring of the area or removal of the pigment.
- Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris
- Spicy foods
- Smoking
- Drinking alcohol in excess as it may lead to slow healing of wounds
- Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles
- Touching of the eyebrow area except for when applying the post-care oil with a cotton swab

#### **TIPS:**

During the shower, keep your face away from the showerhead.

Try to sleep on your back or try to avoid sleeping on your face.

Stay out of the heat and sun. Salt removes permanent makeup. Heat will cause your pores to expand which will result in your hair-like strokes to blur or fade.

After your brows are healed, protect them with sunblock at all times. Before swimming, apply a layer of Aquaphor to your brows to prevent chlorine water/salt from penetrating the area.

Any product, prescription or chemical that exfoliates your skin will fade your brows. This includes Glycolic Acid, Retinol, Retin-A, Accutaine, Vitamin-C, Salicylic Acid, TCA, Lactic Acid, etc.

### **What to expect after your Eyebrow Embroidery (microblading) session:**

Your new eyebrows will go through several phases during the healing cycle.

The pigment will appear very sharp and dark immediately after the procedure. This is because the pigment is still sitting on top of your skin, and has not yet settled in completely. The color of the pigment will soften gradually and fade anywhere from 10% - 50% or more. The area will shed taking some color with it (THIS IS NORMAL). The area will begin to oxidize and darken over the first month. At the touch up we will fine tune any area that has faded too much.

It is important to remember that healing is specific to each client. You will also need a touch up on your brows every 6-12 months (depending on your body) to maintain its fresh natural appearance.

It is very common to have areas fade more so than others. This is a part of the healing process and will be treated at the recommended touch up appointment.

Fading WILL happen after each procedure. We do not have control over your bodies healing process. You may need to still powder and or pencil even after your final result. This is an enhancement to your natural brows and the results are not permanent. Some final results after touch up may last 3 years, and some may only last up to 6 months...this depends on each individual.

At some point you may no longer be able to have your brows done. Each time a procedure is performed, scar tissue is made. This is universal. The pigment will take less and less each time.

Please Remember:

When you leave the office your hair strokes are intact. That is my (Sonya Godwin) job. =) There are no GUARANTEES made as to how your body will heal them. If they fade, blur or if they don't take well, that is the result of your skin, lifestyle, environment, etc. I cannot predict how your tattoo will heal. I will do my best to give you the best possible result, but it is important to remember that not everyone is a great candidate for this procedure.